Rocky Mountain

DANCE ATTIRE DONTS

Don't wear crop tops



LEAVE HAIR DOWN

Don't

Don't wear tutus Don't Wear Body Liners

(THESE ARE ONLY TO BE WORN UNDER COSTUMES WHEN PERFORMING)



Don't wear gymnastic or ice-skating leos DON'T WEAR TAN TIGHTS (THESE ARE ONLY FOR SPECIFIC COSTUMES DURING PERFORMANCES)



Don't Wear watches or scrunches on wrists



Don't wear Bras or underwear under tights/leos